

F ZEEN

KEFALONIA BEACH MENU

SALADS

TRADITIONAL GREEK HORIATIKI SALAD

Tomato, cucumber, olives, capers, aged feta cheese, herbs  

F ZEEN SALAD

Mixed leaves, quinoa, avocado, radish, broccoli, tahini dressing 

BOWLS

SPICY CHICKEN BOWL

Chicken breast, avocado, soft boiled egg, fusilli pasta

KALE & FETA BOWL

Tomato salsa, aged barrel feta cheese, soft boiled egg, avocado  

FALAFEL BOWL

Falafel, hummus, tomato, cucumber, radish, avocado, pickled red onions 

SANDWICHES & BURGERS

BEEF BURGER

Brioche bun, beef patty, graviera cheese, pickled red onions, yoghurt mint sauce, homemade chips

GREEK PITA GYRO

Chicken gyro in pita bread, tomato, onion, tzatziki

GREEK PITA CLUB SANDWICH

-Turkey breast and smoked bacon

-Grilled vegetables 

Brioche bun, beef patty, graviera cheese, pickled red onions, yoghurt mint sauce, homemade chips

CHICKEN WRAP

Grilled chicken breast, beetroot hummus, black olives, peppers, cucumber & rocket salad

PINSA

TOMATO & BASIL

PROSCIUTTO

MEDITERRANEAN

DESSERT

SEASONAL FRUIT SALAD

ICE CREAM AND SORBET SELECTION

"Did you know? Our premium Chillato pops low-fat and refreshing sorbets are waiting for you at the beach bar. Ask our team for flavors."

WINES BY THE GLASS

CHAMPAGNE & SPARKLING WINE

125ml

ERNEST BERAT
∞EPERNAY FRANCE

PROSECCO EXTRA DRY SANT ORSOLA
∞ ITALY

OROLUCE MOSCHATO D'ASTI
∞ PAOLO PIZZORNI DOC∞MUSCAT ∞ ITALY

WHITE WINE

150ml

A MUSE
∞MOUSON ESTATE ∞MALAGOUZIA

ATMA
∞THIMIOPOULOS VINEYARDS ∞ MALAGOUZIA, XINOMAVRO

GENTILINI NOTES WHITE
∞ GENTILINI WINERY ∞SAUVIGNON BLANC

WILD ROCK
∞ CRAGGY RANGE VINEYARDS ∞ SAUVIGNON BLANC
∞ NEW ZEALAND

ROSE WINE

150ml

A MUSE
∞MOUSON ESTATE ∞SAUVIGNON BLANC, MOUCHTARO

ROSÉ
∞GENTILINI WINERY ∞ MOSCHOFILEROO

THE BEACH BY WHISPERING ANGEL
∞CAVES D'ESCLANS ∞ COTES DE PROVENCE FRANCE

RED WINE

150ml

EARTH AND SKY
∞ THIMIOPOULOS VINEYARDS∞ XINOMAVRO

NOTES RED
∞ GENTILINI VINEYARDS ∞ AGIORGITIKO MAVRODAPHNE

MOUSON 9
∞ MOUSON ESTATE ∞ CAB.SAUVIGNON, SYRAH MERLOT

BEERS

D' ATHENES DRAFT 350ml

D' ATHENES DRAFT 480ml

WEIHENSTEPHAN HEFE WEISS 500ml

CORONA 330ml

PILSNER URQUELL 330ml

KEFALONIAN RED ALE 330ml

ALOS PALE ALE 330ml

NISSOS 7 BEAUFORT DARK 330ml

MILOKLEFTIS CIDER 330ml

WEIHENSTEPHAN HEFE WEISS 0% 500ml

CLAUSTHALER 0% 330ml

CORONA 0% 330ml



VEGAN



VEGETARIAN



GLUTEN FREE

FZEEN

KEFALONIA BEACH MENU

HAPPY BUBBLE

SPRITZ APEROL | CAMPARI | LIMONCELLO

CALLIOPE ITALICUS
Dry vermouth, prosecco, soda water

HESTIA SKINOS MASTIHA
Otto's vermouth, prosecco, tonic water

NYX LIMONCELLO
White vermouth, prosecco, ginger beer

VODKA & LIME SPRIT VODKA
Soda Water, Lime

COCKTAILS

We will be happy to expertly craft any classic cocktails for you

SIGNATURE COCKTAILS

ATLANTIS
Vodka, blue curaçao, syrup, citrus

OPHELIA
Gin, apple sourz, cucumber syrup, agave, citrus

KORA
Dark rum, Spiced rum, falernum, passion fruit, vanilla syrup,
citrus, orange bitters

LYRA
Mezcal, orange curaçao, mango, spicy mango, citrus

ZOI
O/purist, cucumber, basil, citrus, tonic

IOLI
Gin, citrus, tangerine, kumquat liqueur, vanilla

METAXA SOUR
Metaxa, lemon juice, sugar syrup, Fee Foam, and bitters

ZERO ALCOHOL COCKTAILS & SPRITZ

SPRITZ 0%
Spritz Liqueur 0%, Prosecco Zero, Soda water

LIMONCELLO ZERO SPRITZ
Limonzero Pallini, White Peach, Lime, Prosecco Zero, Soda Water

FRESH & FUN
Ginger Liqueur 0%, Pineapple, Pink Soda

NO. GRONI
BTTR No1, JNPR No1 Gin, VRTH No1, Strawberry

TROPICAL TAI
Pineapple Liqueur 0%, Orgeat, Gomme Syrup, Mango, Lime

MARGARITA ZERO
Tequila 0%, Triple Sec Zero, Agave, Lime, Salt

PALOMITA
Grapefruit Liqueur 0%, JNPR No1, Hibiscus, Citrus, Pink Soda, Salt

SOLO
JNPR No3 Gin 0%, Pineapple, Mango, Citrus, Soda Water

ATLAS
JNPR No2 GIN 0%, Cucumber, Lime, Green Apple, Mint, Ginger

SPIRITS

VODKA | GIN | RUM | TEQUILA | WHISKEY
(Please ask the waiter for the beverage list)

CURATED JUICES

FRESHLY SQUEEZED JUICES

SUMMER GREEN
Pineapple, cucumber, mint, lime. Anti-Inflammatory and helps digestion.

CARROT TURMERIC AND GINGER
Lemon, ginger, pineapple, turmeric, carrot. Energizing, anti-inflammatory.

HERBAL RETREAT
Mint, basil, ginger, lemon, cucumber, cayenne pepper.
Metabolizes fat, good for metabolism.

BOOSTING SMOOTHIES

GREEN MATCHA COCOA
Coconut milk, avocado, green matcha, honey, apple and spirulina.
Antioxidant, detoxifying, fibers & vitamins, improves Heart health

ACAI REJUVENATOR
Mango, Raspberries, banana, acai berry, almond butter,
almond milk, oats. Rejuvenating, packed with vitamins + antioxidants.

ULTIMATE CHOCO
Almond milk, coconut milk, avocado, banana, cacao,
cacao nibs. Iron + magnesium

BLUEBERRY YOGURT
Almond milk, coconut milk, avocado, banana, cacao,
cacao nibs. Iron + magnesium

THE BEE
Almond milk, banana, bee pollen, honey, tahini, cinnamon,
Greek yoghurt. Protein, amino acids + vitamins

TROPICAL SUPERFOOD
Spinach, banana, pineapple, almond butter, baobab, spirulina.
Immune support, protein, essential fats

COFFEE

ESPRESSO
DOUBLE ESPRESSO
FREDDO ESPRESSO
FREDDO CAPPUCINO
FRAPPÉ / NES CAFÉ INSTANT
CAPPUCINO
DOUBLE CAPPUCINO
LATTE
AMERICANO
FLAT WHITE
GREEK COFFEE
DOUBLE GREEK COFFEE
MOCHA
CHOCOLATE | HOT OR COLD
MATCHA LATTE
MILKSHAKE - Please ask the waiter for flavors

MIXERS & REFRESHMENTS

NATURAL MINERAL WATER 750ml
WATER SPARKLING 750ml
COCA COLA | ORIGINAL | ZERO | ZERO CAFFEINE
FANTA ORANGE | FANTA LEMON | SPRITE
TONIC WATER | FEVER-TREE | THREE CENTS
SCHWEPPE SODA | TONIC
PINK GRAPEFRUIT SODA
GINGER BEER
GINGER ALE
MASTIHA LEMONADE & GINGER
PINK GRAPEFRUIT WITH AGAVE SODA
LEMONADE WITH ORGANIC AGAVE
AND GINGER FLAVOR
SOUR CHERRY JUICE
REDBULL
BOTTLED JUICES | APPLE, CRANBERRY,
TROPICAL, PEACH