

LUNCH

FLATBREAD

TOMATO + BASIL

Slow roasted tomatoes, fresh mozzarella V

FALAFEL

Tofu cream, broken falafel, pickled onions, grilled courgettes, sumac VG

GOAT CHEESE

Baby artichokes, roasted apples, crushed walnuts, honey V

PENIRLI

Traditional Greek bread, graviera cream, smoked apaki chicken

MUSHROOM

Mushroom cream, roasted mushrooms, anthotyro cream, fresh truffle V

SALADS + SPREADS

MEZZE PLATTER

Beetroot hummus, tzatziki, smoked cod roe, grilled vegetables, black olives, pita bread

F ZEEN

Quinoa, avocado, tenderstem broccoli, pomegranate, tahini dressing VG, GF

CAESAR

Baby gem lettuce, grilled chicken, Caesar dressing, spiced croutons, crispy prosciutto

GREEK

Cherry tomatoes, cucumber, black olives, capers, barley rusks, local prentza cheese V

DISHES

BEEF BURGER

Brioche bun, black angus patty, local metsovone cheese, truffle mayo, smoked bacon, homemade chips.

Substitute beef patty for

PEA + FETA PATTY

CLUB SANDWICH

Wholegrain toast, local graviera cheese, avocado cream with your choice of

Grilled Chicken + Smoked Bacon

Grilled Vegetables from our Garden V

ENERGY BOWL

Lentils, black rice, quinoa, broccoli, chickpeas, beetroot, tahini dressing, protein of your choice

Roasted Salmon Fillet

Grilled Chicken Breast

Tofu VG

LOBSTER ROLL

Brioche roll, fresh lobster, lemon aioli served with mix leaf salad

CHICKEN GYROS TACOS

Sobrero flatbreads, grilled chicken thigh, Greek yoghurt

VEGAN TACOS

Sobrero tacos, pulled mushrooms, avocado cream, pickled red onions, tomato salsa VG

SIDES

HOMEMADE CHIPS VG,GF

TENDERSTEM BROCCOLI VG,GF

MIXED LEAF SALAD VG,GF

DESSERT

HOMEMADE ICE CREAM + SORBET SELECTION

WELLNESS DRINKS

COFFEE

CACAO ICED COFFEE

Double espresso, banana, almond milk, cacao. Energising, potassium, magnesium.

CACAO-COCO ICED COFFEE

Double espresso, banana, coconut milk, almond butter, cacao, dates, walnuts, coffee beans. Energising, essential fats, potassium, magnesium.

MATCHA ICED LATTE

Matcha green tea, coconut milk, honey. High in antioxidants, good for brain function.

JUICES

CLEANSE SHOT

Ginger, lime, lemon, cayenne pepper

ANTIBACTERIAL + DIGESTIVE SHOT

Green apple, oregano, honey

FRESH ORANGE

FRESH GRAPEFRUIT

FRESH BEETROOT – APPLE

SEASONAL FRUIT BLEND

A seasonal selection of fruit combined in our juicer.

SUMMER GREEN

Pineapple, cucumber, mint, lime. Anti-Inflammatory and helps digestion.

CARROT, TURMERIC + GINGER

Lemon, ginger, pineapple, turmeric, carrot. Energising, anti-inflammatory.

HERBAL RETREAT

Mint, basil, ginger, lemon, cucumber, cayenne pepper (optional). Metabolises fat, good for metabolism.

TAILOR MADE

Customise your fresh juice, ingredients subject to availability.

SMOOTHIES

ABSOLUT GREEN DETOX

Baby spinach, green apple, cucumber, ginger, almond milk, lemon juice, honey. Natural detoxifier.

AÇAÍ REJUVENATOR

Mango, Raspberries, banana, acai berry, almond butter, almond milk, oats. Rejuvenating, packed with vitamins + antioxidants.

THE ULTIMATE CHOCO SMOOTHIE

Almond milk, coconut milk, avocado, banana, cacao, cacao nibs. Iron + magnesium

BLUEBERRY YOGHURT

Blueberries, almond milk, honey, oats, cinnamon, vanilla, almond butter, flaxseeds, Greek yoghurt. Antioxidants, stabilizes blood sugar

THE BEE

Almond milk, banana, bee pollen, honey, tahini, cinnamon, Greek yoghurt. Protein, amino acids + vitamins.

TROPICAL SUPERFOOD

Spinach, banana, pineapple, almond butter, baobab, spirulina. Immune support, protein, essential fats.

TAILOR MADE SMOOTHIE

Customise your fresh smoothie, ingredients subject to availability.

HERBAL TEAS

FRESH MINT

Handpicked from our garden. Good for soothing the digestive system. Naturally caffeine-free.

FASKOMILO

Organic local sage. Anti-inflammatory helps to balance the body's systems, anti-bacterial. Naturally caffeine-free.

VOUNO

Organic Greek mountain tea (iron wort). Earthy, slightly sweet tasting. Good for digestive health, natural antioxidants. Boosts the immune system, reduces inflammation and can help to reduce blood pressure. Naturally caffeine-free.

GAIA

Hibiscus, verbena, dandelion. A detoxifying blend for the liver, high in vitamin C and antioxidants, supports the eliminatory systems of the body. Naturally caffeine-free.

OLYMPUS

Fennel, stinging nettle, thyme, mountain tea, sage, chamomile. A detoxifying blend, helps with digestion, inflammation and boosts the immune system. Naturally caffeine-free.

MASTICA

Green tea, mastic, almond flakes, rose buds. Mastic has a musky aroma with flavours of pine and wood. Helps with digestion. The smooth taste pairs perfectly with the fullness of the almond and is softened with the delicate aroma of rose. Contains caffeine.

DRINKS

COFFEE

ESPRESSO
DOUBLE ESPRESSO

CAPPUCCINO
DOUBLE CAPPUCCINO

LATTE

GREEK COFFEE
DOUBLE GREEK COFFEE

FREDDO ESPRESSO
FREDDO CAPPUCCINO

MOCHA

FRAPPÉ
FRAPPÉ WITH ICE CREAM

CHOCOLATE
Hot or Cold

WATER

WATER
250ml | 1lt

SPARKLING WATER
250ml | 750ml

MILKSHAKES

PLEASE ASK YOUR WAITER FOR FLAVOURS

SOFT DRINKS

COCA COLA

Original | Zero 250ml

FANTA

Orange | Lemon 250ml

SPRITE

250ml

RED BULL

250ml

SODA WATER, TONIC WATER

250ml

HOMEMADE LEMONADE

PINK GRAPEFRUIT SODA

200ml

MANDARIN AND BERGAMOT SODA

200ml

AEGEAN TONIC

200ml

GINGER BEER

200ml

MASTIQUA

Lemonada | Cucumber | Sour Cherry 330ml

BEER + CIDER

STELLA ARTOIS DRAFT

330ml, 500ml

HEINEKEN

330ml

MAMOS

330ml

FIX ANEF

330ml

KEFALONIAN RED ALE

330ml

NISSOS 7 BEAUFORT DARK

330ml

CORONA

330ml

MILOKLEFTIS CIDER

330ml

COCKTAILS

SIGNATURE COCKTAILS

HERA

Rum, skins mastiha, orgeat syrup, pineapple, citrus

CHLOI

Dark rum, orange curacao, chili syrup, salted caramel cordial, mango, passion fruit, citrus

PARIS

Vodka, cranberry, passion fruit, syrup, citrus

LYRA

Mezcal, orange curacao, mango, chili syrup, citrus

EROS

Vodka, crème de mure, blueberry, vanilla syrup, citrus

ASTERIA

Vodka, lychee, italicus, vanilla cordial, citrus

ZOI

O/purist, cucumber syrup, basil, citrus, soda water

IOLI

Gin, ginger syrup, citrus, kumquat foam, mandarin, vanilla

ARCHOS

Smoked whiskey, honey, citrus, ginger beer

ATLAS

Tequila, peach liquor, vanilla syrup, mango, citrus

CLASSIC COCKTAILS

We will be happy to expertly craft any classic cocktails for you

PREMIUM COCKTAILS

Classic cocktails crafted with premium alcohol, price will depend on the spirit.

SIGNATURE MOCKTAILS

SOLON

Tanqueray 0%, Pineapple, Mandarin, Salted Caramel, Citrus, Soda Water

CALISTA

Seedlip Grove 42, Strawberry, Vanilla, Citrus, Soda Water

HECTOR

Seedlip Spice 94, Cinnamon, Citrus, Tonic Water

SPRITZ + LOW-A.B.V

CALLIOPE

Italicus, Dry Vermouth, Prosecco, Soda Water

HESTIA

Skinos Mastiha, Prosecco, Soda Water

NYX

Amaro Montenegro, Rosso Vermouth, Tonic Water

SPIRITS

VODKA

STOLI

TITOS

CÎROC

BELVEDERE

GREY GOOSE

BELUGA

GIN

BEEFEATER

PLYMOUTH

BOMBAY STAR

TANQUERAY NO. 10

HENDRICK'S

G-VINE

GRACE GIN

ROKU

MONKEY 47

RUM + CACHAÇA

BACARDI GOLD
MALIBU
BACARDI CARTA NEGRA
SAILOR JERRY SPICED
PLANTATION ORIGINAL DARK
HAVANA CLUB 7 Y.O.
DIPLOMATICO RESERVA EXCLUSIVA
SAGATIBA PITU
ZACAPA 23
DON PAPA 10Y.O.

TEQUILA MEZCAL

EL JIMADOR BLANCO
EL JIMADOR REPOSADO
MEZCAL VERDE MOMENTO
DON JULIO BLANCO
DON JULIO REPOSADO
DON JULIO ANEJO
CASAMIGOS BLANCO
CASAMIGOS REPOSADO
CASAMIGOS ANEJO
DON JULIO 1942
CLASE AZUL REPOSADO

WHISKEY

JAMESON
BULLEIT BOURDON
JACK DANIEL'S
JOHNNIE WALKER BLACK LABEL
TALISKER 10 YEARS
CARDHU
NIKKA WHISKEY FROM THE BARREL
MACALLAN 12 YEARS
LAGAVULIN 16 YEARS

COGNAC + BRANDY

METAXA 7*
HENNESSEY V.S
COURVOISIER V.S
REMY MARTIN V.S.O.P

LIQUER + APERITIF

APEROL
CAMPARI
AMARETTO
BAILEY'S
KAHLUA
FRANGELICO
SAMBUCA WHITE
APPLE SOURZ
COINTREAU
SOUTHERN COMFORT

DIGESTIF

LIMONCELLO
JÄGERMEISTER
AVERNA
AMARO MONTENEGRO

GREEK DIGESTIF

OUZO 12
TSIPOURO TSILILIS
O/PURIST
SKINOS MASTIHA
DARK CAVE TSILILIS

VERMOUTH

OTTO'S ATHENS VERMOUTH
MARTINI BIANCO
MARTINI ROSSO
MARTINI DRY
PUNT E MES
ANTICA FORMULA ROSSO

NON-ALCOHOLIC SPIRITS

TANQUERAY 0%
SEEDLIP GROVE 42
SEEDLIP SPICE 94

WINE x GLASS

SPARKLING

ARDENGI PROSECCO SUPERIORE DOCG MILLESIMATO BRUT NV
Veneto, Bianchetta, Glera, Perera

WHITE

LEFKÓS BY F ZEEN

SCLAVOS LACOMATIA
Kefalonia, slopes of Aenos, Robola

HARITATOS VINEYARD TYPALDO
Kefalonia, Muscat

SARRIS WINERY V FOR VOSTILDI
Kefalonia, Vostilidi

ROSÉ

ELAFRÍ BY F ZEEN

LA TOUR MELAS IDYLLE D'ACHINOS
Fthiotida, Grenache, Syrah, Agiorgitiko

RED

ERITHRÓS BY F ZEEN

DOMAINE ZAFEIRAKIS LIMNIONA NEW AGE
Tyrnavos, Limniona

SCLAVOS MONAMPELES
Kefalonia, Movrodaphne

OENOPS XINOMAVRO
Drama, Xinomavro

DESSERT

HARITATOS VINEYARD JOYA
Kefalonia, Muscat

WINE x BOTTLE

SPARKLING

DOMAINE GLINAVOS DEBINA

Ioannina, Zitsa, Debina

DOMAINE KARANIKA

Macedonia, Amynteo, Xinomavro, Limniona

ARDENGI PROSECCO SUPERIORE DOCG MILLESIMATO BRUT NV

Veneto, Bianchetta, Glera, Perera

WHITE

LEFKÓS BY F ZEEN

ZACHARIS LEXIS

Peloponnese, Nemea, Kydonitsa

FOUNDI ESTATE TRYGIAS BLANC DE NOIR

Naousa, Xinomavro

GENTILINI NOTES

Kefalonia, Sauvignon Blanc

DOMAINE SKOYRAS SALTO WILD YEAST

Peloponnese, Argos, Moschofilero

AVANTIS ESTATE LENGA

Evoia, Gewurztraminer

DOMAINE HATZIMICHALIS

Stereia Ellada, Atalanti, Assyrtiko, Sauvignon Blanc

DOMAINE TSELEPOS BLANC DE GRIS

Mantineia, Moschofilero

KITRVS

Pieria, Malagouzia

PETRAKOPOULOS WINERY

Kefalonia, Slopes of Aenos, Robola

HARITATOS VINEYARD TYPALDO

Kefalonia, Muscat

OENOPS

Drama, Kidonitsa

SCLAVOS LACOMATIA

Kefalonia, Slopes of Aenos, Robola

DOULOUFAKIS ASPROS LAGOS

Crete, Kidonitsa

SARRIS V

Kefalonia, Vostilidi

MYLONAS WINERY CUVÉE VOUNO

Attica, Savatiano

ARTEMIS KARAMOLEGOS WINERY PYRITIS

Santorino, Assyrtiko

ROSÉ

ELAFRÍ BY F ZEEN

GENTILINI NOTES

Kefalonia, Moschofilero, Syrah

HARITATOS ROSE

Kefalonia, Mavrodaphne

DOMAINE MIGAS ROSE

Tyrnavos, Muscat

LA TOUR MELAS IDYLLE D'ACHINOS

Fthiotida, Grenache, Syrah, Agiorgitiko

PETRAKOPOULOS ROZ

Kefalonia, Mavrodaphne

RED

ERITHRÓS BY F ZEEN

GENTILINI NOTES

Kefalonia, Agiorgitiko, Mavrodaphne

PAPAIOANNOU NEMEA

Peloponnese, Nemea, Agioritiko

SCLAVOS MONAMPELES

Kefalonia, Mavrodaphne

OENOPS XINOMAVRO

Drama, Xinomavro

DOMAINE ZAFEIRAKIS NEW AGE

Tyrnavos, Limniona

ANATOLIKOS FINE MAVROUDI

Avdira, Mavroudi

HYMIOPOULOS TERRA PETRA

Rapsani, Krasato, Xinomavro, Stavroto

DESSERT

HARITATOS JOYA

Kefalonia, Muscat

ARGYROS VINSANTO 4 Y.O

Santorini, Episkopi Gonia, Assyrtiko, Athiri, Aidini

CHAMPAGNE

MOËT & CHANDON IMPERIAL BRUT NV

Chadonnay, Pinot Meunier, Pinot Noir, 200ml

VEUVE CLICQUOT BRUT NV

Chadonnay, Pinot Meunier, Pinot Noir

RUINART BLANC DE BLANCS NV

Chadonnay

DOM PERIGNON BRUT 2012

Chadonnay, Pinot Meunier, Pinot Noir

MOËT & CHANDON ROSÉ IMPERIAL

Chadonnay, Pinot Meunier, Pinot Noir

VEUVE CLICQUOT ROSÉ BRUT NV

Chadonnay, Pinot Meunier, Pinot Noir

RUINART ROSÉ BRUT NV

Chadonnay, Pinot Noir