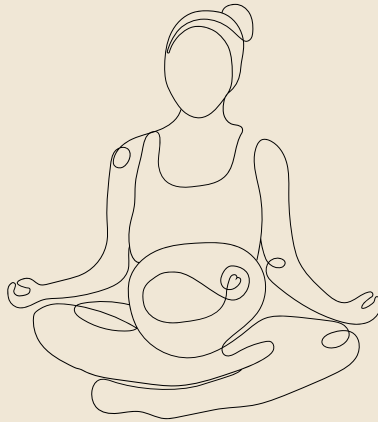


F ZEEN

KEFALONIA

AVAILABLE CLASSES FOR PREGNANT WOMEN



- HATHA YOGA
- AERIAL SOUNDBATH
- AERIAL YIN YOGA
- STRETCH & FLOW
- SERENE SUNSET
FLOW
- PILATES MAT

- CLINICAL PILATES
- STRETCH PILATES
- FULL BODY
STRETCHING
- *PILATES REFORMER
- EVENING STRETCH &
MOBILITY

*=extra charge